

**Judge** comes from a background of recovery and self-development with an education ranging from Political Science, Electronic Engineering, Pre-Med and an NCAA football player at UNC, Chapel Hill. He is a certified co-leader of the ManKind Project (MKP) and Shadow Work® group facilitator teaching at The Center for the Healing of Racism and the Veterans Journey Home. Judge has raised the bar of awareness bringing cultural, sexual, spiritual, religious, ethnic and other stereotypes to the forefront in Houston, Texas and around the globe. Judge co-creates a world of safety, integrity, forgiveness and unconditional love by building containers that offer opportunities to deconstruct the patterns of behavior that separate people of any background.

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## Shadow Work® Weekend

July 27-29 in Houston, Texas

Workshop cost \$450 ~ Early bird registration before May 31st \$395 ~ Only 15 Participants

**We all have aspects of ourselves that we have put in shadow.**

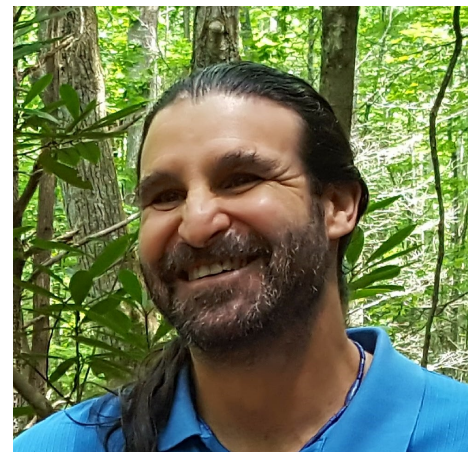
We exile these parts in order to fit into our families and society. But now, as adults, we can do the work to reclaim all of ourselves and lead more fulfilled and authentic lives. Shadow Work® is a creative, safe and powerful way to look at what keeps us from embracing more of what we want in life.

- ◆ *Honor your Risk Manager*
- ◆ *Align with your highest potential*
- ◆ *Find new ways to express your truth*
- ◆ *Reclaim your power and confidence*

- ◆ *Receive safe support in a co-ed container*
- ◆ *Gain new perspectives on old patterns*
- ◆ *Find self-love and inner guidance*
- ◆ *Release resentments and find compassion*

**“Our Shadow becomes a Divine Map that reconnects us to the life we were meant to live and the people we’re meant to be” – Debbie Ford**

**Phoenix’s** journey began in recovery after serving as an Airborne Medic in the U.S. Army. As a certified Shadow Work®, Shamanic Breathwork™ and Higher Alignment coach/facilitator, he is a leader in the Mankind Project, Journeymen and creator of the Evolutionary Life School. He offers tools for self-forgiveness and letting go, so you can discover your authentic nature and live your life on purpose. Phoenix is a father, farmer, licensed massage therapist and energy healer. He and his partner, Avianna, co-own Blossom & Be Wellness Retreat in Asheville, North Carolina. With solid presence, and as a catalyst for transformation, he creates a world of health, harmony and well-being.



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